

CAPTAIN WEBB PRIMARY SCHOOL

Target games - [National Curriculum coverage.](#)

EYFS

- Negotiate space safely with consideration for themselves and others.
- Move energetically such as running.
- Demonstrate strength, balance and coordination when playing.

Key stage 1

- Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and coordination, and begin to apply these in a range of activities.

Key stage 2

- Play competitive games, modified where appropriate and apply basic principles of attacking and defending.
- Develop flexibility, strength, technique, control, and balance.

3 Pillars of PE

Rules strategies and Tactics

Motor Competence

Healthy Participation

Declarative Knowledge	EYFS			KS1		KS2			
	Range 4	Range 5	Range 6	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	I know that I use my hands to throw.	I know that you use one hand to throw a beanbag.	I know that you can use one hand or two hands to push an object.	Tri Golf Safety (ongoing) I know that I must stay behind the safety line until the teacher allows me to collect the balls. Grip I know that you hold a golf club with the lead hand on the top and the trail hand underneath. Stance I know my feet need to be shoulder width apart. Swing I know that for a smooth swing I need to swing my putter forwards and backwards at the same distance. Distance I know that swinging the putter further back will increase the distance. Direction I know the head of the putter should face directly towards the target.	Revisit Year 1 Tri Golf.	Archery Safety (ongoing) I know that I must stay behind the safety line until the teacher allows me to collect the arrows. Grip I know that I pull the string back with my dominant hand and hold the bow with my other hand. Stance I know that standing 'side-on' to the target will help me aim. Distance I know the higher I aim the further the arrow will go. Direction I know that keeping my elbow up high will help me pull the string back further.	Revisit Year 3 Archery.	Tri Golf Safety (ongoing) I know that I must stay behind the safety line until the teacher allows me to collect the balls. Grip I know that you hold a golf club with the lead hand on the top and the trail hand underneath and with feet shoulder width apart. Stance I know my feet need to be shoulder width apart, with the weight on the balls of the feet. Swing I know that I need to swing the putter and chipper forwards and backwards at the same distance and same speed. Distance I know that swinging the putter and the chipper further back will increase the distance of the ball. Direction I know the head of the putter and the chipper should face directly towards the target.	Archery Safety (ongoing) I know that I must stay behind the safety line until the teacher allows me to collect the arrows. Grip I know that the bow should rest in the pocket of my non dominant hand. Stance I know that I need to stand side on, and my feet need to be shoulder width apart to help me aim. Distance I know the higher I aim and the further I pull the string back the further the arrow will go. Direction I know that keeping my elbow up high will help me pull the string back further.

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Procedural Knowledge	<p>I can begin to show a preference for a dominant hand.</p>	<p>I can grasp and release to throw a beanbag.</p>	<p>I can show control over an object by pushing it.</p> <p>I can show control over an object by throwing it.</p>	<p>Safety (ongoing) I can follow safety rules.</p> <p>Grip I can hold the golf club correctly and attempt to hit the ball with a putter.</p> <p>Stance I can stand correctly and attempt to hit the ball with a putter.</p> <p>Swing I can swing the putter smoothly and hit the ball.</p> <p>Distance. I can hit the ball into the half hoop from 2 different distances.</p> <p>Direction I can hit 1 out of 3 shots into the half hoop.</p> <p>Performance I can use a combination of tri golf skills to take part in an intra competition.</p>		<p>Safety (ongoing) I can follow safety rules.</p> <p>Grip I can hold the bow and arrow with some stability whilst performing.</p> <p>Stance I can get into the T stance, hold the bow and arrow and release it with some stability.</p> <p>Distance I can control the distance of my arrow by landing 1 out of 3 arrows into a zone.</p> <p>Direction I can score with at least 1 out of 3 arrows.</p> <p>Performance I can use a combination of archery skills to take part in an intra competition with some accuracy.</p>		<p>Safety (ongoing) I can follow safety rules.</p> <p>Grip I can hold the golf club correctly and hit the ball with a putter and a chipper.</p> <p>Stance I can stand correctly with the ball in line with the centre of my feet and hit the ball with a putter and a chipper.</p> <p>Swing I can swing the putter and the chipper smoothly and hit the ball with both clubs.</p> <p>Distance I can land a ball in each of the 3 zones.</p> <p>Direction I can land 2 out of 3 shots on the fairway.</p> <p>Performance. I can use a combination of tri golf skills to take part in an intra competition with accuracy.</p>	<p>Safety (ongoing) I can follow safety rules.</p> <p>Grip I can hold the bow and arrow with stability whilst performing.</p> <p>Stance I can get into the T stance, correctly hold the bow and arrow and release it with stability.</p> <p>Distance I can control the distance of my arrow by landing 2 out of 3 arrows into different zones.</p> <p>Direction I can score with at least 2 out of 3 arrows.</p> <p>Performance I can use a combination of archery skills to take part in an intra competition with accuracy.</p>
	Vocabulary								
	<p>Dominant Hand Throw</p>	<p>Grasp Release</p>	<p>Control Pushing Object Hands</p>	<p>Safety Grip Stance Swing Distance Direction Performance Swing Smoothly Lead hand Trail hand Shoulder width Putter Forwards Backwards Increase Target</p>		<p>Bow Side on Aim Higher Further String T-Stance Combination arrows</p>		<p>Chipper Head of the putter Par Birdie Land</p>	<p>Release Stability</p>