

CAPTAIN WEBB PRIMARY SCHOOL
PE Curriculum – Key knowledge and skills

EYFS			KS1		KS2			
Range 4 Multiskills	Range 5 Multiskills	Range 6 Multiskills	Year 1 Kwik Cricket	Year 2 Kwik Cricket	Year 3 Rounders	Year 4 Kwik Cricket	Year 5 Rounders	Year 6 Kwik Cricket
Striking and Fielding								
Catching and Throwing I know that I use my hands to throw I can begin to show a preference for a dominant hand when throwing. I know that I use my hands to throw I can throw a ball with some speed I know that I pull the ball to my chest to make catching easier. I can catch a large ball and use my chest to trap it.	Catching and Throwing I know that I need to throw the large ball from above my head. I can release with two hands to throw a large ball. I know that I need to have both my hands ready to catch the ball. I can grasp with two hands to catch a large ball.	Catching and Throwing I know that you use two hands to catch and throw a large ball. I can show control by throwing and catching a ball to myself and a partner.	Fielding I know that moving my body in line with the ball will make stopping easier. I can roll and stop a ball with both hands and with some control.	Fielding I know that moving my body in line with the ball and kneeling will make stopping easier. I can roll and stop a ball with one or two hands with control.	Fielding I know that using the long barrier method will make it easier to stop the ball. I can roll the ball with one hand and use the long barrier method to stop the ball.	Fielding I know that using the long barrier method will make it easier to stop and scoop up the ball. I can roll the ball with both hands and use the long barrier method to stop the ball.	Fielding I know that using the long barrier method and scooping up the ball will help me to field. I can roll the ball with both hands and use the long barrier method to stop the ball and then scoop it up.	Fielding I know that using the long barrier method, scooping up the ball and throwing it to a teammate will make fielding easier. I can roll the ball with both hands and use the long barrier method to stop the ball, scoop it up and then throw it to a teammate.
			Catching and Throwing I know that you cradle the ball with two hands to catch. I can throw underarm and catch a ball with some control.	Catching and Throwing I know that you swing with a straight arm to throw underarm. I can throw underarm and catch a ball with control over a short distance.	Catching and Throwing I know that you cradle the ball with two hands to catch and you swing with a straight arm to throw underarm. I can throw underarm and catch using both hands with control.	Catching and Throwing I know that you cradle the ball with two hands to catch and you swing with a straight arm to throw underarm. I can throw underarm and catch using both hands over a long distance.	Catching and Throwing I know that the more force I use to throw the ball, the further it will go. I can throw overarm/underarm and catch over a range of distances.	Catching and Throwing I know that the more force I use and the higher I aim, the further the ball will go. I can throw overarm/underarm and catch over a range of distances.
			Bowling I know that I need to face the batter when I am bowling. I can throw a ball underarm towards a target.	Bowling I know that the ball must bounce before hitting the wicket. I can throw a ball underarm towards a target with some accuracy.	Bowling I know that the ball must not bounce when bowling in rounders. I can bowl underarm towards a target with pace.	Bowling I know that I need to release the ball at waist height. I can bowl underarm towards a target with pace.	Bowling I know that my shoulder and hip need to be in line to where I am bowling. I can bowl underarm towards the batter with pace	Bowling I know that you keep your bowling arm straight and release the ball at the highest point of delivery. I can attempt to bowl overarm from a standing position towards the batter.
			Hitting I know that I stand side on with feet parallel to each other. I can stand with the bat in the correct position and attempt to hit the ball off the tee.	Hitting I know that I hit the ball with the face of the bat. I can hold the bat in the correct position and hit a ball off a tee.	Hitting I know that holding the bat with both hands joining will help me hit the ball. I can hold the bat in the correct position and hit a ball off a tee	Hitting I know that holding the bat in the v-grip position will help me hit the ball. I can hit a moving ball with some control.	Hitting I know that I turn my hips and not my feet when swinging to hit the ball. I know that holding the bat away from my body and the hands chest high will help me hit the ball when I swing.	Hitting I know that moving my body position will help me hit the ball. I can hit a ball that had been bowled towards the wicket.

			Performance I know some of the rules that can help me take part in an intra competition. I can use a combination of Kwik cricket skills to take part in an intra competition.	Performance I know some of the rules that can help me take part in an intra competition. I can use a combination of Kwik cricket skills to take part in an intra competition.	Performance I know some of the rules that can help me take part in an intra competition. I can use a combination of Rounders skills to take part in an intra competition.	Performance I know some of the rules that can help me take part in an intra competition. I can use a combination of Kwik cricket skills to take part in an intra competition.	I can hit a moving ball with control and some distance. Performance I know all the rules that can help me take part in an intra competition. I can use a combination of Rounders skills to take part in an intra competition.	Performance I know all the rules that can help me take part in an intra competition. I can use a combination of Kwik cricket skills to take part in an intra competition.
Vocabulary								
Throw Hands Speed Chest Two hands Catch	Throw Above Grasp Release Large ball Catch Ready	Throw Two hands Catch Control Throwing Catching Partner	Rolling Body Movement Hands Scoop Stop Underarm Cradle Straight arm Swing Bounce Wicket Throw Target Parallel Bat Position Hit Face Bat Correct position Rules Combination Accuracy Throwing Catching Hitting	Kneeling Short distance Bounce wicket Face Accuracy Rolling Body Movement Hands Scoop Stop Underarm Cradle Straight arm Swing Wicket Throw Target Bat Hit Face Bat Correct position Rules Bat Correct position Rules Accuracy Throwing Catching Hitting	Long barrier Easier Stop Roll One hand Cradle Two hands Catch Swing Straight arm Throw Bounce Hitting Wicket Underarm Overarm Attempt v-grip position correct moving Face Moving Ball Rules Kwik cricket Accuracy Throwing Bowling Stopping Catching Hitting	Long barrier Stop Both hands ball Cradle Two hands Catch Swing Straight arm Underarm One hand Bounce Underarm Target Bowling Bat Joining hands some control hit moving Chest high Holding Body Some control Moving ball Rules Rounders Combination Accuracy	Long barrier Scooping Fielding Techniques Throwing Force Further Overarm Underarm Catching Range Distances Aim Accurate Bowling Underarm Overarm Attempt Wicket Holding v-grip position control distance Rules Kwik cricket Combination accuracy Throwing Catching Bowling Stopping Scooping Hitting Accuracy Combination	Long barrier Scooping Fielding Stopping Techniques Force Higher Aim Further Overarm Catching Range Distances Shoulder Hip In line Bowling Underarm Batter Turn Hips Swinging Hit Control Distance Rules Rounders Combination Accuracy Throwing Catching Bowling Stopping Hitting Accuracy