

CAPTAIN WEBB PRIMARY SCHOOL
PE Curriculum – Key knowledge and skills

EYFS			KS1		KS2			
Range 4	Range 5	Range 6	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Dance								
I know that music helps me want to move. I can move in response to music.	I know that dance involves moving different body parts. I can explore movement patterns. I know that dance involves moving different body parts I can join in with dancing by moving different body parts.	<u>Motif</u> I know that a motif can give me ideas on how to move. I can use the parts of a bus to create my dance movements. <u>Contrast</u> I know that changing the speed of a dance movement can show different emotions I can change the speed of my dance movements to show different emotions. I know that changing the size of a dance movement can show different emotions I can change the size of my dance movements to show different emotions.	<u>Motif</u> I know that motifs can help me create and develop simple movements for my dance performance. I can identify movements related to a superhero and use these to create a simple dance sequence. <u>Contrast</u> I know that contrast can be changing the level of a movement to help show meaning. I can use my motif and change the level of these movements. <u>Repetition</u> I know that repetition can help reinforce my idea. I can gain interest by repeating a short dance sequence. <u>Highlights & Climaxes</u> I know that highlights and climax are moments that the audience will remember. I can create a moment of stillness to end my dance performance.	<u>Motif</u> I know that motifs can help me create and develop simple movements for my dance performance. I can identify movements related to medieval times and use these to create a simple dance sequence. <u>Contrast</u> I know that contrast can be changing the direction of a movement to help show meaning. I can change and vary the direction of movements in my dance sequence. <u>Repetition</u> I know that repetition can help reinforce my idea. I can gain interest by repeating a short dance sequence <u>Highlights & Climaxes</u> I know that highlights and climax are moments that the audience will remember. I can use different speeds for my dance actions.	<u>Motif</u> I know that motifs can help me create and develop a range of movements for my dance performance. I can identify movements related to heroes and villains and use these to create a dance sequence. <u>Contrast</u> I know that contrast can be changing the size of a movement to help communicate meaning. I can use small movements to communicate evil traits and big movements to show power. <u>Repetition</u> I know that repetition can help reinforce my idea and contribute to the structure of the dance. I can gain interest by repeating a dance sequence or motif. <u>Highlights & Climaxes</u> I know that highlights and climax are important moments that the audience will remember. I can perform in unison with a group in an agreed formation.	<u>Motif</u> I know that motifs can help me create and develop a range of movements for my dance performance. I can identify movements related to sea creatures and use these to create a dance sequence. <u>Contrast</u> I know that contrast can be changing the pathway of a movement to help communicate meaning. I can create travelling motifs on different pathways. <u>Repetition</u> I know that repetition can help reinforce my idea and contribute to the structure of the dance. I can gain interest by repeating a dance sequence or motif. <u>Highlights & Climaxes</u> I know that highlights and climax are important moments that the audience will remember. I can change the speed of my dance movements and use moments of stillness to emphasise a motif.	<u>Motif</u> I know that motifs can help me create and develop a movement phrase for my dance performance. I can identify movements related to the River Nile and use these to create a dance sequence. <u>Contrast</u> I know that contrast can be changing the level and speed of a movement to help communicate meaning. I can change the level and acceleration of my movement phrase to represent the tempo of the music. <u>Repetition</u> I know that repetition can communicate meaning and contributes to the structure of the dance. I can gain interest by repeating a dance sequence. <u>Highlights & Climaxes</u> I know that highlights and climax are significant moments that the audience will remember. I can perform different movement phrases simultaneously as a group.	<u>Motif</u> I know that motifs can help me create and develop a range of movement patterns for my dance performance. I can identify movements related to electricity and use these to create a simple dance sequence. <u>Contrast</u> I know that contrast can be changing the level and pathway of a movement to help communicate meaning. I can change the level and pathway of my movement phrase to represent being pulled by a magnet. <u>Repetition</u> I know that repetition can communicate meaning and contributes to the structure of the dance. I can gain interest by repeating a dance sequence. <u>Highlights & Climaxes</u> I know that highlights and climax are significant moments that the audience will remember. I can use space to get into a dance formation and use stillness to end my dance performance.
	<u>Relationships</u> I know that mirroring means to copy. I can mirror dance movements.		<u>Relationships</u> I know that when my partner creates a dance movement I respond by performing one back. I can use call and respond gestures	<u>Relationships</u> I know that unison means to perform the same movements at the same time as my group. I can show unison in a group dance	<u>Relationships</u> I know that when my partner creates a dance movement I respond by performing one back. I can use contact to create call and	<u>Relationships</u> I know that canon is taking it in turns to perform a movement that is then identically copied and performed by others I can use canon to	<u>Relationships</u> I know that accumulation is when you build up a sequence of movements until the group are all dancing in unison. I can use accumulation to	<u>Relationships</u> I know that counterpoint is when you perform different dance phrases at the same time as your group members. I can use counterpoint to add interest and variety to my dance.

		Performance I know that through practice my dance will be better. I can perform my dance sequence.	Performance I know that through practice my dance will be better. I can perform my dance sequence.	Performance I know that through practice my dance will be better. I can perform my dance sequence.	Performance I know that through practice my dance will improve. I can perform my dance sequence.	Performance I know that through practice my dance will improve. I can perform my dance sequence.	Performance I know that through practice the quality of my dance will improve I can perform my dance sequence.	Performance I know that through practice the quality of my dance will improve I can perform my dance sequence.
Vocabulary								
Dance Music Move Response	Dance Mirror Copy movements Body parts Explore Patterns	Transport Dance Motif Actions Movements Bus Speed Movements Slower Faster Different Emotions Excited Happy Sad Shy Change Size Movements Bigger smaller Practice Perform Improve	Superheroes Dance Movement Motif Pose Repeat Simple Sequence Motif Movement Low Middle High Left Right Switch Change Direction Idea Duet call respond partner Stillness Balance Highlights Climax Count Rehearse Practice Perform Improve	Medieval Dance Movement Solo Motif Travel Duet Direction Forwards Backwards Left Right Switch Turn Group Unison Speed Faster Slower Pace Highlights Climax Moments remember Link Repeat beginning reinforce sequence Count Rehearse Practice Perform	Heroes Villains Dance Motif Sequence Repetition Hero Strong Powerful Brave Unison Formation Dynamics Highlights Climax Moments Size Movement Big Small Mirroring Change Communicate Duet Timing Counts Call Respond Contact Practice Perform Stimulus Practice Sequence	Sea Creatures Create Develop motif sequence Contrast travel pathways direction level Highlights Climax Moments dynamics speed timing stillness focus emphasise canon copy timing turn identically copied repetition repeat motif sequence structure reinforce Perform Practice Improve Sequence	River Nile Motif Movement phrase Dance sequence Stimulus Patterns Change Levelling Acceleration Tempo Contrast Repetition Reversal Retrograde Accumulation series movement unison group variety Counterpoint Simultaneously Performance Perform Control Co-ordination Energy Strength Musicality Improve Sequence Practice	Electricity Motif Range Movement Patterns Sequence Contrast Change Levels Movement phrase Pathway Communicate meaning Repetition Reversal Retrograde Interest Repeat Motif Communicate meaning Structure Counterpoint Dance Phrase Members Group variety Highlights Climax Moments Significant Remember Stillness Formation Change Practice Perform Improve Sequence